

The city of —'s Board of Health is currently considering another mask mandate.

My response is - *really?*

First of all, by what legal authority does any board of health have the power to enact a mandate that will require people to wear or do anything to do their bodies, against their will and conscience? By what legal authority does any committee, board, public servant (a politician's real title), or organization have that power, ever? Per the United States Constitution, every American citizen has the right to life, liberty, and the pursuit of happiness. Period. Why do people want to scream "my body, my choice" when they want to murder babies, but want to throw that same phrase and idea in the trash when they're afraid of a virus with a 99% survival rate and want others to live according to their own fear? Do what you think is best for yourself and what you feel comfortable with. Use common sense. But you have no right to tell others what to do. I'm tired of the virtue-signaling, coercion, and the "for the good of others" manipulation, aren't you?

Next, we all know masks don't work to stop viruses from spreading. My husband just had a dentist appointment and his hygienist told him that they were clearly taught in dental school that masks do not prevent viral transmission, only bacterial transmission. She said they also were taught that a mask needs to be changed every 20 minutes, as it becomes completely ineffective after that time and quickly becomes laden with bacteria from our mouths and noses that we ought not to be re-inhaling. I also recently heard from someone else who was an infection control coordinator and said, "CDC trained me...CDC told me masks DO NOT protect from a virus." Come on, folks, time to stop playing the fear-mongering game of deception and control. If you want to wear a mask, then by golly, have at it. This is America, and you have every right to do that. But do not force or require other people to do the same, especially against their own will, conscience, or common sense.

And masks for kids? This mama bear grieves for the poor children that are being yelled at in school for having their masks below their noses. These children have been conditioned into compliance, and, I would go so far as to say, are being treated like obedient slaves. Doing something that they hate, that doesn't feel right, that mom or dad says isn't healthy (because it isn't), something that makes them not be able to breathe right, something that is actually harming their physical and psychological well-being, something that violates their own common sense and intuition - all because they're being required to on a daily basis, or else. This is abuse at its finest - pure physical and psychological abuse to these precious children. Neurologist and neurophysiologist, Dr. Margarite Griesz-Brisson, who knows the brain well, said, "*The rebreathing of our exhaled air will without a doubt create oxygen deficiency and a flooding of carbon dioxide. We know that the human brain is very sensitive to oxygen deprivation...The acute warning symptoms are headaches, drowsiness, dizziness, issues in concentration, slowing down of the reaction time – reactions of the cognitive system. However, when you have chronic oxygen deprivation, all of those symptoms disappear, because you get*

used to it. But your efficiency will remain impaired and the undersupply of oxygen in your brain continues to progress. We know that neurodegenerative diseases take years to decades to develop. If today you forget your phone number, the breakdown in your brain would have already started 20 or 30 years ago. ...oxygen deprivation is dangerous for **every single brain**... For children and adolescents, masks are an absolute no-no...The child's brain, or the youth's brain is thirsting for oxygen. The more metabolically active the organ is, the more oxygen it requires. In children and adolescents every organ is metabolically active. To deprive a child's or an adolescent's brain from oxygen, or to restrict it in any way, is not only dangerous to their health, it is absolutely criminal. Oxygen deficiency inhibits the development of the brain, and the damage that has taken place as a result CANNOT be reversed. The child needs the brain to learn, and the brain needs oxygen to function...This is simple, indisputable physiology. Conscious and purposely induced oxygen deficiency is an absolutely deliberate health hazard, and an absolute medical contraindication. I know how damaging **oxygen deprivation** is for the brain, [a] cardiologist knows it for the heart, the pulmonologist knows it for the lungs. Oxygen deprivation damages every single organ." **Stop selling our kids out for state and federal funding.**

Wearing a mask is **not** and **never will be** normal. Just because you get used to something doesn't make it right, okay, or good. **We were not made to wear masks. We were made to breathe freely. And our country was founded on the right to individual liberty – the freedom to choose.**

Masks are unhealthy, oppressive, and inhumane. Please stop the insanity. Stop trying to control everyone. This is America, for God's sake.