

Masks should be a matter of personal choice, autonomy (Letters)

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By Letters to the Editor | The Westfield News

I would like to know by what legal authority does any public servant or bureaucrat have the power to mandate what we do with our bodies, ever? Per the Declaration of Independence, every American citizen has the right to life, liberty, and the pursuit of happiness. Period. Why do people want to scream “my body, my choice,” when murdering babies, but throw that idea in the trash when they’re afraid of a virus with a 99% survival? Do what you think is best for yourself, but you have no right to tell others what to do. People are tired of the virtue-signaling, coercion, and the “for the good of others” manipulation.

My husband just had a dentist appointment and his hygienist said they were taught in training that masks do not prevent viral transmission, only bacterial transmission. They were also taught to change their masks every 20 minutes, as it becomes ineffective after that time, because it becomes laden with bacteria that we ought not to be re-inhaling. I also recently heard someone who was trained by the CDC as an infection control coordinator say, “CDC told me masks do not protect from a virus.”

If you want to wear a mask, then by golly, have at it. This is America, and you’re free to choose. But do not require other people to do the same, especially against their own will and/or conscience.

This mama bear grieves for the poor children being conditioned into blind subservience to the government every day at school ... doing something they hate, that doesn’t feel right, that mom or dad says isn’t healthy (because it isn’t), something that makes them not be able to breathe right, something that is actually harming their physical and psychological well-being, something that violates their own common sense and intuition. This is abuse at its finest – pure physical and psychological abuse to these precious children. Neurologist and neurophysiologist Dr. Margarite Griesz-Brisson said, “The rebreathing of our exhaled air will without a doubt create oxygen deficiency and a flooding of carbon dioxide. ...[O]xygen deprivation is dangerous for every single brain. ... For children and adolescents, masks are an absolute no-no. ... To deprive a child’s or an adolescent’s brain from oxygen, or to restrict it in any way, is not only dangerous to their health, it is absolutely criminal. Oxygen deficiency inhibits the development of the brain, and the damage that has taken place as a result cannot be reversed. ... This is simple, indisputable physiology. Conscious and purposely induced oxygen deficiency is an absolutely deliberate health hazard, and an absolute medical contraindication.”

Wearing a mask is not and never will be normal. Just because you get used to something doesn’t make it right, OK, or good. We were not made to wear masks. We were made to breathe freely. And our country was founded on the right to individual liberty — the freedom to choose.

Please stop the insanity. This is America, for God’s sake.

[Source: MassLive.com](https://www.masslive.com)