

## COVID-19 Variants, Cold & Flu

Some quantities listed below are EXTREME and should be utilized for FIRST AID PURPOSES ONLY.

## For First Aid purposes, every Person

with blood oxygen saturation levels above 80% and have:

- 1) avoided ibuprofen,
- 2) used blankets to sweat out fever as the body's natural defense
- 3) consumed Vitamins A, 1,250 mcg D<sub>3</sub>, & 120 mg of Zinc daily AND 100 mg of B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>, B<sub>12</sub>, & Folate daily
- 4) consumed 30,000 mg of Vitamin C dissolved in Water
- 5) consumed 88 Oz of Ozone Saturated Distilled Water daily
- 6) been treated 3 times a day with a nebulizer cocktail of

(5cc 7% saline solution \1cc food grade hydrogen peroxide (3%)) + 2drops 2% Lugol's lodine

**RECOVERED** in 24 to 96 hours.

100% of these People have Recovered.

2 drops of 2% Lugol's iodine is a Scientific Measurement and iodine toxicity at that level is a myth.

This has saved lives around the world. If this can save the life of just one more person, isn't it worth sharing with someone you love?











